

# **SUPPLEMENT FACTS:**

INGREDIENTS	STRENGTH	THERAPEUTIC INDICATION
Vitamin A	133mcg	Essential for vision. Keeps tissues and skin healthy. Plays an important role in bone growth and in the immune system.
Vitamin E	5mg	Acts as an antioxidant, neutralizing unstable molecules that can damage cells. Protects vitamin A & certain lipids from damage.
Vitamin D	10mcg	Helps maintain normal blood levels of calcium and phos- phorus, which strengthen bones. Helps form teeth and bones, can reduce the number of non-spinal fractures.
Vitamin C	30mg	Involved in many body functions, including formation of collagen, absorption of iron, the proper functioning of the immune system, wound healing, and the maintenance of cartilage, bones and teeth.
Vitamin B <sub>1</sub>	0.5mg	Helps convert food into energy. Needed for healthy skin, hair, muscles, and brain and is critical for nerve function.
Vitamin B <sub>2</sub>	0.8mg	Helps break down proteins, fats, and carbohydrates. It plays a vital role in maintaining the body's energy supply.
Vitamin B <sub>3</sub>	6mg	Helps convert food into energy. Essential for healthy skin, blood cells, brain and nervous system.
Vitamin B <sub>6</sub>	0.5mg	Reduce the risk of heart disease, plays key roles in sleep, appetite & moods. Helps make red blood cells Influences cognitive abilities and immune function.
Vitamin B <sub>9</sub>	80mcg	Vital for new cell creation Helps prevent brain and spine birth defects when taken early in pregnancy; should be taken regularly by all women of child-bearing age, may reduce heart disease risk.
Vitamin B <sub>12</sub>	1mcg	Protects nerve cells and encourages their normal growth Helps make red blood cells and DNA.
Vitamin B <sub>5</sub>	2mg	Helps make lipids (fats), neurotransmitters, steroid hormones and haemoglobin.





Iron	4mg	Helps haemoglobin in red blood cells and myoglobin in muscle cells carry oxygen throughout the body. Needed for chemical reactions in the body and for making amino acids, collagen, neurotransmitters and hormones.
Zinc	2.5mg	Helps form many enzymes and proteins and create new cells. Needed for immune system, taste, smell, and wound healing. Zinc may delay the progression of age-related macular degeneration.
Copper	150mcg	Plays an important role in iron metabolism and immune system. Helps make red blood cells.
Malt Extract	500mg	Helps improve digestion by optimizing good bacteria and minimizing bad bacteria.

# **Description**

Tifl syrup is a combination of essential vitamins and minerals, designed to support healthy growth and development in children and to boost immunity.

# **Indications**

Supports rapid growth and development

#### How to take Tifl syrup

1-2 teaspoon daily or as recommended by your physician.

# Do not take Tifl syrup

If allergic (hypersensitive) to any of the ingredients If any existing hypervitaminosis.

# **Precautions**

Do not exceed the recommended intake.

# **Overdose**

In case of overdose, tell your doctor at once. Show any leftover medicines or the empty packet to the doctor.

#### Side effects

No side effect reported.

# **Shelf Life**

18 months

### **Instructions:**

Dosage as directed by the physician. Store below 30°C. Protect from heat and light. Tighten the cap securely after use. Keep out of the reach of children. For Oral Use only. Do not use if seal is damaged or open.

# SHAKE WELL BEFORE USE.

#### Disclaimer





#### **PRESENTATION:**

Tifl Syrup is available in 120ml Pack size in Glass Bottle.

ہرایات: خوراک ڈاکٹر کی ہدایت کے مطابق استعمال کریں۔ ۱۰۰ ڈ گری سینٹی گریڈ سے کم پر رکھیں ۔روشنی اور گرمی سے حفوظ رکھیں ۔ استعال کے بعد ڈھکن کواچھی طرح بند کرلیں۔ بچوں کی پہنچ سے دوررکھیں۔ صرف پینے کے لئے استعال کریں۔ سیل خراب یا کھلی ہونے کی صورت میں استعال نہ کریں۔

For detailed information:

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